

## Instructions

The instructions offered within this booklet are interpreted from the Instruction Book of the Liberal Rite by Irving Cooper, they are to be used for services of the Liberal Rite commonly in use within the Old Catholic Apostolic Church. It is left to the discretion of the priest in charge of their own oratory how to interpret these instructions. Please note that when we come together as a Church that we use the Liberal Rite for Admittance into the Church, for all Ordinations and ceremonies where we worship as a whole.

The Altar within the Liberal Rite can vary in size depending on the type and style of the Oratory; in general within Liberal Catholicism there should be a tabernacle placed in the centre with six candlesticks three on either side of the tabernacle, a sanctuary light should be placed either directly on the altar or hung from a wall which ever is appropriate. The cross in Liberal Catholicism is generally a plain one as we believe in the Living Christ, we do not use a crucifix as we do not venerate a corpse on an instrument of torture. However; if individual priests wish to venerate in this kind of manner then they have the freedom to choose. Altars may have as many candles and flowers adorning their altars as they can afford.

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### The Church's Year

The year is divided into two portions. The first portion from Advent to Whitsuntide is devoted to the commemoration of the various scenes in the mystery-drama of the life of Christ, which in itself as Origen pointed out, is typical of the life of every Christian. The second portion, embracing all Sundays after Trinity is left for the practice of the virtues inculcated in the former.

A special day has been set apart for the Festival of the Baptism of our Lord, and the date of the Transfiguration has been advanced, so as to make that occurrence fit into the proper sequence of the Gospel Narratives.

In addition to Whitsunday, six Sundays have been marked out for special devotion to the Third person of the Trinity; namely the Sunday before Advent, the three Sundays before Lent, and two others after Trinity.

The number of Saints' days to be observed in this Calendar is reduced to a minimum. There is much to favour the contention that the whole system of such commemorations is an anachronism, which might be allowed for the most part to drop into abeyance without impairing the reality of our belief in the Communion of Saints. The Roman Calendar is overladen with saints, of whom few excite any real devotion at this distance of time, while others undoubtedly are mythical or transformed pagan deities. Our clergy, however are free to observe the various commemoration, if they prefer to do so.

In regard to commemoration we follow ordinary custom of the Church. When two festivals concur, we use the service of the more important of the two, and in addition recite the Collect of the other in order that our people may not overlook it.

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## ECCLESIASTICAL COLOURS

The colour of certain vestments of the Altar frontal varies according to the season of the year or festival being observed.

White is the colour of Joy, and is used on great festivals, on those of our Lady, of Angels and of Saints who are not martyrs. It synthesizes all the colours.

Red is used on Festivals of the Holy Ghost, of apostles and martyrs, and at the service of healing. Its influence is that of expansiveness and glowing power.

Violet is used in Lent and Advent, at times of self-examination and self-preparation, at exorcisms and the visitation of the sick and at funerals. Lying at the opposite end of the spectrum to red, its influence is cleansing, actinic piercing.

Green is used after Epiphany and Trinity. It holds the balance in the middle of the spectrum and its influence is one of sympathy and goodwill.

Rose, by ancient custom supersedes violet on the Fourth Sunday in Lent and the Third Sunday in Advent, but its use is left to the priest in charge.

Black is not used in the Liberal Catholic Rite.



## **Traditional Eucharistic Mass**

In the name of the Father + and of the Son and of the Holy Spirit.  
**Amen.**



Receiving the aspergilla, make the sign of the cross with the triple motion saying

**May the Lord purify me that I may worthily perform His service.**

Sprinkling the altar and chancel in the triple motion in the middle, to the left and the right:

**In the strength of the Lord do I repel all evil from this His Holy Altar and Sanctuary.**

Turn to the people and sprinkling them in the same triple motion:

**And from this House , wherein we worship Him.**

Turn back to the altar:

**And I pray our Heavenly Father that He will send for us His Holy Angel to build for us a spiritual temple through which His strength and blessing may be poured forth upon His people through Christ our Lord. Amen.**

## **The Confiteor**

**All kneel and say together:**

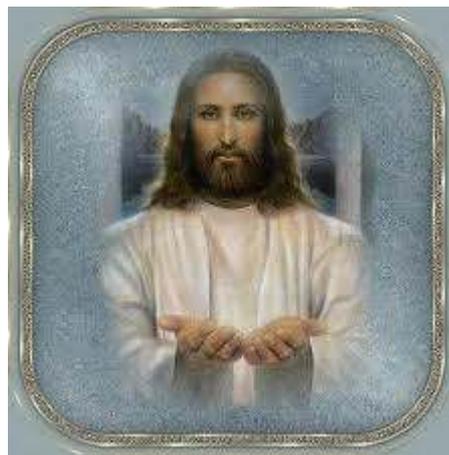
**O Lord, You have created us to be immortal and made us to be an image of Your own eternity; yet often we forget the glory of our heritage and wander from the path which leads to righteousness. But You, O Lord, have made us for Yourself and our hearts are ever restless till they find their rest in You. Look with Your love upon our manifold imperfections and pardon all our shortcomings, that we may be filled with the brightness of the everlasting light and become the unspotted mirror of Your power and the image of Your goodness; through Christ our Lord. Amen**

## **The Absolution**

The priest rises, and turns to the people, who remain kneeling and says.



Priest: God the Father, God the Son, God the Holy Spirit bless, preserve and sanctify you. The Lord in His Loving Kindness look down upon you and be gracious to you. The Lord + absolve you from all your sins and grant you the grace and comfort of the Holy Spirit. **Amen.**



## **(Healing**

The people are seated

Priest: In the Name which is above every Name, in the power of the (+) Father and of the Son (+) and of the (+) Holy Spirit, I exorcise all influences of evil, that you maybe rightly purified to receive this Sacrament of Holy Unction.

Taking upon the thumb some of the holy oil the priests anoints the person in the form of a the cross upon the forehead saying:

**In the name of our Lord Christ, and invoking the help of the Holy Archangel Raphael, I anoint (+) you with oil so that you may gain refreshment of both soul and body.**

The priest then proceeds to anoint in silence the persons throat and nape of the neck. Then he places both hands on the head of the person with definite intent to heal, saying;

**Priest: Christ the Son of God pour down Your Healing power upon you, and enfold you in the Light of His Love. Amen.**

When all desiring have been anointed the priest says:

**Priest: As with this visible oil your bodies outwardly anointed, so may Almighty God, our Heavenly Father, grant of His infinite goodness that your souls may be anointed inwardly with the Holy Spirit, who is the Spirit of strength, relief and gladness. And may He so replenish you with the Spirit of His Wisdom and strengthen you with His mighty power, that you persevere in the way of holiness and ever serve Him joyfully in the course that He has appointed you; through Christ our Lord. Amen.)**

## The First Censing



**Priest: Him in whose honour you shall May you be blessed (+) by be burned.**

**Priest: The Lord be with you**

**All: And with your spirit.**

## The Introit

**+ Blessed be the Holy Trinity, the undivided unity, eternal, immortal, invisible, to whom be honour and glory for ever and ever Amen. O Lord our God, how excellent in Your Name in all**

**the world. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning in now and ever shall be, world without end. Amen. Blessed be the Holy Trinity, the undivided Unity, eternal, immortal, invisible, to whom be honour and glory for ever and ever. Amen.**

## **Kyrie**

**Kyrie eleison, Kyrie eleison, Kyrie eleison  
Christe eleison, Christe eleison, Christe eleison  
Kyrie eleison, Kyrie eleison, Kyrie eleison.**

## **In Excelsis**

**Priest: Glory be to God in the Highest.....**

**All. And on earth peace to men of good will. We praise You, we bless You, we worship You, we glorify You, we give thanks to You, for Your Great Glory. O Lord God, Heavenly King, God the Father Almighty. O Lord Christ, the only begotten Son of the Father, O Lord God, indwelling Light, Son of the Father, whose wisdom mightily and sweetly orders all things, pour forth Your Love; You whose strength upholds and sustains all creation, receive our prayer; You whose beauty shines throughout the whole universe, unveil Your Glory. For You only are the Holy; You only are the Lord; You only, O Christ, with the Holy Spirit, + are the Most High in the Glory of God the Father. Amen.**



**: The Lord be with you.**

**All: And with your spirit**



**Priest:** Let us pray.

## **The Collects**

**Priest:** Almighty God, unto whom all hearts be open, all desires known and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of Your Holy Spirit, so that we may perfectly love You, and worthily magnify Your Holy Name, through Christ Our Lord. Amen.

Here follows the Collect for the day and other Collects and finally this collect for peace.

**Priest:** Teach us O Lord, to see Your life in all men and in all Your peoples of the Earth, and so guide the nations into understanding of Your laws that peace and goodwill may reign upon the Earth; through Christ our Lord. Amen

## **The Epistle**

At the end of the reading people say:

**Thanks be to God.**

## **The Gradual**

The priest intones the first verse and then everyone say the gradual together.

**Priest:** He that Loves Wisdom loves Life: and they that seek Her early shall be filled with joy.

**All: Teach me, O Lord the way of Your statutes: and I shall keep them unto the end.**

**Give me understanding, and I shall keep Your law; I shall keep it with my whole heart.**

**The path of the just is as the shining light; shining more and more unto the perfect day.**

## **The Gospel**

**Deacon:** Cleanse my heart and my lips, O God, who by the hand of Your Seraph did cleanse the lips of the Prophet Isaiah with a burning

coal, from Your altar and vouchsafe through Your gracious mercy, so to purify me, that I may worthily proclaim Your Holy Gospel. Amen.

**Priest:** May the Lord be in your heart (+) and on your lips (+) that through your heart the love of God may shine forth and through your lips His power be made manifest. Amen

**Deacon: The Lord be with you.**

**All: and with your spirit**

As soon as the Gospel is announced all say the following, making the sign of the cross with the right thumb upon the forehead, lips and breast.

**Glory be to You, O Lord**

When the Gospel is ended all say.

**Praise be to You, O Christ.**

## **The Sermon**

If there is a sermon, it follows here, preceded by the invocation:

**Priest:** In the name of the Father + and of the Son and of the Holy Spirit. Amen.

**Priest:** And now to God the Father, God the Son and God the Holy Spirit, Three Persons in one God, be ascribed, as it most justly due, all honour, might, majesty, power and dominion now and forever more. Amen

## **The Credo**

**We believe that God is Love, and power and truth and light; that perfect justice rules the world that all His people shall one day reach His feet; however far they stray. We hold the Fatherhood of**

**God, the brotherhood of man; we know that we do serve Him best, when best we serve our brother man.  
So shall His blessing rest on us + and peace for evermore. Amen.**

**Priest: The Lord be with you**

**All: And with your spirit**

## **The Offertorium**

**Priest:** From the rising up of the sun even unto the going down of the same the Lords Name shall be ever magnified: and in every place incense shall be offered to His Name and a pure offering. There shall be heard in this place the voice of joy and the voice of gladness, the voice of them that shall bring the sacrifice of praise unto the house of the Lord.

The priest offers the Host saying:



We adore You, O God, who are the source of all life and goodness, and with true and thankful hearts we offer You this token of Your own life-giving gifts bestowed upon us, You who are the give of all.

Wine and water is poured into the chalice the priest saying:



According to immemorial custom, we now mix water with this wine, praying You O Lord, that we may evermore abide in Christ and He in us.

Offer the Chalice saying:



We offer unto You, O Lord, this chalice with joy and gladness: may the worship which we offer ascend before Your Divine

Majesty as a sacrifice, pure and acceptable in Your sight: through Christ our Lord. Amen.

## **The Second Censing**

**The priest censes the oblations and altar, then proceeds to cense the room. Returning to the altar the priest says:**

As this incense rises before You O God, so let our prayer be set forth in Your sight. Let Your Holy Angels encompass Your people and breathe forth upon them the Spirit of Your Blessing.

May the Lord enkindle with us the fire of His Love and the Flame of everlasting Love.

The celebrant and clergy are censed followed by the people.

## **Orate Fratres**

**Priest:** Pray that my sacrifice and yours may be acceptable to God the Father Almighty.

**All:** May the Lord receive the sacrifice at your hands and sanctify our lives in His service.



**Priest:** We lay before You, O Lord, these creatures of bread and wine, in token of our sacrifice of praise and thanksgiving; for here we offer and present to You ourselves, our souls and bodies, to be a Holy and continual sacrifice to You, that we who are very members incorporate in the mystical body of Your Son, which is the blessed company of all Your faithful people, may hear that His most joyful voice:

“Come unto Me, O you that be blessed of My Father, and possess the Kingdom which is prepared for you from the beginning of the world”. Through the same Jesus Christ our Lord who lives and reigns with You in the Unity of the Holy Spirit, ever one God throughout all the ages of ages. Amen.



**Priest: The Lord be with you**

**All: And with your Spirit**



**Priest: Lift up your hearts**

**All: We lift them up unto the Lord**

**Priest: Let us give thanks to the Lord our God**

**All: It is meet and right so to do.**

## **The Preface and Sanctus**

**Priest:** It is very meet, right and our bounden duty, that we should at all times and in all places give thanks unto You, O Lord, Holy Father, Everlasting God (here follows the proper preface if any). Therefore with Angels and Archangels, with Thrones, Powers, with Cherubim and Seraphim, and with all the company of heaven, we laud and magnify Your Glorious Name, evermore praising You and saying:



**Holy Holy Holy**

**Lord God of Hosts, Heaven and Earth are full of Your Glory; Glory be to You, O Lord Most High. Blessed is He that comes in the name of the Lord. + Hosanna in the Highest.**



## **The Prayer of Consecration**



Wherefore O Most Loving Father, we your servants do pray You through Jesus Christ Your Son and our Lord to (+) receive, to (+) purify and to (+) hallow this oblation which we make to You.

We desire to offer this holy sacrifice for Your holy catholic church; that it may please You to grant her peace, to watch over her, to bring her to unity and to guide her throughout the world; likewise that it may please You to bless all Your people, to give them increase of grace to bring forth the fruits of the Holy Spirit, to guide the nations into unity, peace and concord and to endue their rulers with wisdom and understanding. Especially we pray for Elizabeth our Queen and all who are put in authority under her, for Adrian our presiding bishop, for all bishops, clergy and faithful, for me your unworthy servant and for all present, whose faith and devotion are known to You. We also call to mind all in this transitory life who are in trouble, sorrow, need, sickness or any other adversity. Likewise we do offer for all Your children whom it has pleased You to deliver them from the burden of the flesh, that freed from earthly toil and care they may enjoy the felicity of Your presence, evermore praising You in word and deed, O God everlasting living and true.

**With hands spread over the offering the priest continues...**



Wherefore, O Holy Lord, Father Almighty, we pray You to look down on and accept these offerings which we Your servants and Your whole household do make unto You, in obedience to Your most Blessed Son, our Lord Jesus Christ.



Which offerings do You O Father, deign with Your Holy Spirit and Word to (+) bless, (+) approve and ( +) ratify, that they many become for us His most Precious (+) Body and (+) Blood.

Who the day before He suffered took bread into His Holy and venerable hands, and with eyes lifted up to heaven to You, God His Almighty Father, giving Thanks to You, He (+)Blessed, brake and gave to His disciples saying:

“Take and eat you all of this for, This is My Body”

Raise the Host to eye level and genuflect ring the sacring bell.



In like manner after He had supped, taking also this noble Chalice into His Holy and Venerable Hands, again giving thanks to You, He (+) blessed it and gave to His disciples saying

“Take and drink you all of this, for This is My Blood”

Raise the chalice to eye level, genuflect, the sacring bell is rung.



As often as you do these things, you shall do this in remembrance of Me.



All kneel and sing.

**Thee we adore, O hidden Splendour Thee,  
Who in Thy Sacrament dost deign to be;  
We worship Thee beneath this earthly veil,  
And here Thy presence we devoutly hail.**



**Priest:** Wherefore, O Lord and Heavenly Father, we thank Your humble servants; bearing in mind the ineffable sacrifice of Your Son, the Mystery of His wondrous Incarnation, His Mighty Resurrection, and His Triumphant Ascension, do here make before Your Divine Majesty the memorial which our Lord has willed us to make, and we do offer to You this most precious gift which You have



bestowed upon us: this pure (+) Host, this Holy (+) Host, this Glorious (+) Host, the Holy (+) Bread of everlasting life and the (+) Chalice of eternal salvation.

This do we present before You in token of our love and perfect devotion of our minds and hearts to You; And we pray that You would command Your Holy Angel to bear our oblation to Your Altar on high, there to be offered by Him, who as the Eternal High Priest, forever offers Himself as the Eternal Sacrifice.

And as He has ordained that the Heavenly Sacrifice shall be mirrored here on Earth through the ministry of mortals, to the end that Your Holy People may knit more closely into fellowship with You, we do pray for Your servants who minister at this altar, that celebrating the Mysteries of the Most Holy (+) Body and (+) Blood of Your Son they may be filled (+) with Your mighty power and blessing.

Make with the Host the sign of the cross over the Chalice saying:



All these things do we ask, O Father, in the Name and through the mediation of Your Most Blessed Son, for we acknowledge and confess with our hearts and lips that (+) by Him were all things made, all things both in Heaven and on Earth; (+) with Him as the indwelling Life do all things exist, and in (+) Him as the transcendent Glory all things live and move and have their being.

Then horizontally twice between the Chalice and the breast.



To whom with You, O Mighty (+) Father, in the unity of the Holy (+) Spirit, be ascribed all honour and glory throughout the ages of ages.  
Amen

The priest holds the Host directly over the Chalice and raises both to eye level, as the sacring bell is rung the people bow.



## **The Communion**



**Priest:** Let us pray.

Instructed by the words of Sacred Scripture and following the tradition of the Holy Church from of old we now say:

**Our Father, who art in Heaven,  
Hallowed by Thy Name, Thy Kingdom come  
Thy will be done on earth as it is in heaven  
Give us this day our daily bread  
And forgive us our trespasses  
As we forgive those who sin against us.  
And lead us not into temptation  
But deliver us from evil.  
For Thine is the Kingdom  
The power and the glory for ever and ever.  
Amen.**

## The Commemoration of the Saints



Here do we give to You, O Lord, most high praise and hearty thanks for the wonderful grace and virtue declared in the Holy Lady Mary and in all Your Glorious Saints from the beginning of the world, who have been the choice vessels of Your Grace and a shining Light unto many generations.



And we (+) join with them in worship before Your great white throne, from where all love and light and blessing, through all the worlds which You have made.

O Son of God, who shows Yourself this day upon a thousand altars and yet are one and indivisible, in token of Your great Sacrifice we Break This Your Body.

Break the Host in half and with a small particle make the sign of the cross over the Chalice three times, and finally at the words "One in You" drop the particle into the Chalice.



Praying that by this action ordained from of old. Your (+) strength, Your (+) peace and Your (+) blessing, which You do give us in this Holy Sacrament, may be spread abroad upon Your world. And as You, O Lord Christ was known to Your disciples in the breaking of Bread, so may Your many children know themselves to be One In You, even as You are One with the Father. **Amen.**

## **The Salutation of Peace**

O Lord Jesus Christ, who did say to Your Apostles; “ Peace I leave with you, My peace I give to you”, regard not our weakness, but the faith of Your Church, and grant Her that peace and unity which are agreeable to Your Holy will and commandment. **Amen.**

Priest: The peace of the Lord be always with you

**All: And with your spirit**

O You who in this adorable Sacrament has left us a living memorial and pledge of Your marvellous love for mankind, and does graciously draw us into wondrous and mystic communion with You, grant us so to receive the Sacred Mysteries of Your Body and Blood that our souls may be lifted into the immensity of Your Love, and that being filled with a high endeavour, we may ever be mindful of Your Indwelling Presence and breathe forth the fragrance of a Holy Life. **Amen**



(+) Those that desire to partake of the Body and Blood of the Lord draw near to receive this most Holy Sacrament.

The Body (+) of our Lord keep you unto Life eternal

When the communion is ended the chalice and paten are cleaned....

Now all say together..

**Under the veil of earthly things now have we communion with our Lord Jesus Christ; soon with open face shall we behold Him, and rejoicing in His glory, be made like unto Him. Then shall His true disciples be brought by Him with exceeding joy before the presence of His Fathers Glory.**

**Amen, Blessing and Glory and Wisdom and Thanksgiving and Honour and Power and Might be unto our God for ever and ever .  
Amen.**

**Priest: The Lord be with you**

**All: And with your spirit**

**Priest: Let us pray**

**All; We who have been refreshed with Your Heavenly gifts do pray You O Lord, that Your Grace may be so grafted inwardly in our hearts, that it may continually be made manifest in our lives. Through Christ our Lord. Amen.**

**Priest: The Lord be with you**

**All: And with your Spirit**

**Priest: Ite missa est**

**All: Deo gratias.**

## **The Final Benediction**



**Priest: The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God and of His Son Christ Our Lord; And the Blessing of God Almighty,(+) the Father, (+) the Son and the Holy (+) Spirit be among you and remain with you always. Amen.**